

HOME INVOLVEMENT

POSITIVE BEHAVIOURS MATRIX

	RESILIENCE	RESPONSIBILITY	RESPECT
Getting up in the morning	Ignore distractions such as watching TV. Pack your own bag.	Make your bed. Eat breakfast. Make sure your iPad is charged. Help organise your own lunch. Feed any pets that you may have.	Thank your parents for helping. Clean up any mess you have made in order to help keep your home clean and tidy.
Getting to school	Attend school even if you are feeling slightly tired or sick. Cooperate when you are asked to sit in a certain car seat.	Arrive at school on time. Obey road, crossing and footpath rules. Go straight to school. When walking to school, only talk to the people you know. Walk at a reasonable pace. Wear school uniform properly.	Cooperate with your family and work as a team Greet people as you see them. Hug and say good-bye. Thank parents for driving you.
Cleaning up time	Show perseverance in completing the job's you are responsible for. Clean up properly – no shortcuts.	Clean up after yourself. Make sure materials and equipment are returned to the correct place.	Take care of your belongings. Use a polite tone when asked to do something.
Homework	Make the commitment of doing homework even if you are tired –no excuses. Allow people to help you.	Read every night Take pride and do it to the best of your ability. Return homework to school on time.	Attend to your homework when asked to by your parents.
Meal times	Eat the vegetables you may not like. Try new foods without complaining. Be grateful for the food that is being placed in front of you	Take dirty dishes to the sink or dish washer. Help set the table	Say please and thank you Use table manners at all times.
Getting ready for bed	Get organised for the following day even if you are tired. Ignore distractions from siblings	Put your pyjamas on and brush your teeth. Calm down and turn off all screens well before bed time. Charge iPad Help prepare clothes for the next day. Read in bed.	Agree to a bed time for weekends and school days and stick to it without a fuss. Allow sibling to sleep without distractions such as light and noise. Listen to parents
Time to relax or after school activities	Take turns with choosing TV programs. Make the commitment of turning up to activities for the whole season.	Unpack your bag if going home first. Arrive at after school activities on time.	Give others personal space if they need it.
Screen time	If you are playing games with a friend, be resilient in defeat.	Make a time limit with your parents and stick to it. Only play suitable children's games.	Finish when you are told to by an adult. Use headphones if you are listening to music

