



Willett Avenue Oak Park 3046

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Issue 24
August 22nd 2018

Oak Park Primary School will work collaboratively to provide a stimulating, safe and challenging learning environment that promotes resilient, innovative thinkers.

CALENDAR OF EVENTS

- August 23rd** Family Life Education
- August 30-31** Father's Day Stalls
- August 31st** Family Movie night
- October 20th** School Fete
- December 6th** Carols Night
- December 11** Year 7 Transition Day
- December 18th** Grade 6 Graduation

Principal's Column

At Oak Park, we have an excellent camping program in place. The program incorporates a steady build-up of experiences, starting with the Foundation Breakfast, then the Grade 1 and 2 Sleepover, the two night Grade 3 and 4 Camp and finally the Grade 5 and 6 camp where students sleep away from home for 4 nights.

Some students take to these experiences with huge enthusiasm while for others it can be a big challenge. We recognise that, and support children to build resilience so that they can develop the inner resources and independence to cope with experiences that are sometimes out of their comfort zone.

As parents, our natural instinct is to protect our children. We sometimes are quick to intervene so that our kids do not have to experience any kind of difficulty. But we also know that it is impossible to take away all the challenges that they will face as they grow up. And we shouldn't want to.

We occasionally have ex-students visit the school and drop by to say hello. Often they recount the experiences they had at the school. A large proportion of these relate to concerts, sports, teachers - and camps. Camps are the big one. Kids remember the fun they had and the friendships they started or cemented. They remember the challenges they faced – for some that's simply sleeping away from home; for others it's having a go on the Giant Swing. They remember the disco



Uniform Award

This week's
Uniform Wearers of the Week Award
goes to

AIDAN BAKER FP

Congratulations Aidan for setting such a terrific example to the rest of the school!



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and the camp 'concert' and how they caught a lizard or climbed that 'mountain'.

Teachers always come back exhausted from camps, because they are 'on' the whole time, but they often return with new insights and new connections with kids. They see other aspects of their children that were not quite so apparent back at school. You sometimes see great humour, resilience, skills and strength in kids that you didn't quite know were there. And like kids, teachers don't stop talking about the camp they just went on, for ages.

Sometimes, children will struggle – especially on the first night away. It's often the first time they have been away from home. But we help them through that and support them to overcome the natural feelings of homesickness. And that's a good point. Children may say they are feeling unwell, when they are really just missing home and a vast majority of the time they are more than fine the next day and you see them grow through it.

I would encourage all parents to allow their child the experience of going on camp. At least talk to your child's teacher if you have any reservations or if we can help in any way – the experience is too good to miss!

School Defibrillator

We would like to thank our school community enormously for voting for our chance to win a grant to fund a defibrillator for our school.

We made it to the top 3 in our area, but unfortunately we weren't successful in winning the grant. However, school council decided it was important for our school to have a defibrillator and have decided to fund one anyway!

Staff have now been trained in using the defibrillator. It will be kept in the First Aid room.

School Athletics

LIAM'S REPORT:

Students from grades 3-6 ventured down to Coburg yesterday for our annual school athletics carnival. It was a great experience for the children to put into practice all the skills and techniques they have learnt in our track and field unit over the past 6 weeks. There were too many highlights to mention, however if you ask the kids themselves what their favourite part of the day was, I'm sure there will be plenty to be said.

A big congratulations to all those students who came 1st in their events and are progressing to the District competition later in the term.

I would like to express my gratitude to all the parents and teachers who helped out on the events and looked after the age groups. This was an enormous team effort, and the day could not have gone ahead without without you. I thank you all very much for your time, especially considering the poor weather.



The Oak Leaf

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If your child is interested in trying a new summer sport, Coburg Little Athletics is always looking for more participants. You can contact them through their website <http://www.coburglac.com.au>.



Many thanks to thank Liam, Liv, Sally and everyone else involved in yesterday's Athletics Day. Lots of work goes into the organisation of the day and it's always a great experience for the kids.

A special thanks too, to the many parent volunteers who assisted or came along to lend their vocal support to the kids.

Yoga

OPPS Lunchtime Activity



Games Stretching Relaxation Fun

Tuesdays Lunchtime with Tania

Second Bell (12:40pm) in Foundation Area

EVERYBODY WELCOME

FETE NEWS

The excitement is building! 2 months until Fete day! The advertising billboard is up and ride wristbands are now on sale at the Office.

Save \$5 by purchasing wristbands prior to the day. Yellow wristbands for junior rides are \$20 or \$25 on the day. This includes 4 junior rides (Monkey Mania pictured below). Rides for Juniors are:

- Giant Slide**
- Chair-o-Plane**, ages 3-12
- Cup & Saucer** all ages
- Monkey Mania Inflatable** ages 3+



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For the older kids, we have a senior wristband on sale for \$30 or \$35 on the day. Access to all the rides on the junior wristband plus 2 others, including the Kite Flyer, also pictured below.

Height restrictions etc:

Kite Flyer: 105cm alone.

Parent with children below this height

Scrambler: 110cm with an adult.

Must be 120cm to ride alone

Wristbands provide unlimited rides for the day, so excellent value for money.

A great way to entertain the kids while you're volunteering.....

We are still welcoming 'hands up to help' too 😊



Donations Requested....

- | | |
|----------------------------|---------------------|
| Plants for the Fete | John Sustainability |
| BBQ Donations | Office |
| Fathers Day Stall | Office |

The Fathers Day Stall will be held on Thursday **August 30th**, and Friday **August 31st**.

Bunnings BBQ

Thanks to all those who have donated towards our Bunnings BBQ. We will be at **Coburg Bunnings this Saturday, 25th August**, selling sausages to raise funds for our school.

Come to Bunnings and grab a sausage and a drink - Fathers Day is next weekend, so a trip to Bunnings might be worthwhile! Spread the word throughout your networks!



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PFA Dates to Remember

- Family movie night 31st Aug
 - Fathers day stall 30th and 31st August
 - Family Life education 23rd August
 - Footy Colours day 21st Sept
- More information to follow**

Craft Club

Craft club will meet in the library at the following times:

- Wednesday, 15 August 3:30 - 4:30pm
 - Thursday, 23 August 3:30 - 4:30pm
 - Monday, 27 August 3:30 - 4:30pm
- Everyone is welcome. Craft materials supplied.

Family Life Education

Family Life Sessions are on Thursday August 23rd, and will be held in the Multi Purpose Room. 1st session is at 6pm and for the Grade 3&4's. 2nd session is at 7.15 and aimed at Grade 5&6s.

PAYMENT MAY BE MADE VIA COMPASS

Family Movie Night

We will be holding a movie night on **Friday 31st August 2018**. It will be held in the multipurpose room. The room will open at 6:45pm, and the movie will commence at 7:15pm. The movie we will be showing is: **Honey I Shrunk The Kids** (1989) PG

Please bring **your own cushions/beanbags/blankets/chairs**. If you do bring chairs you will need to sit at the back to allow everyone to see. There is heating in the multipurpose room but the floor can get cold. There will be popcorn and fruit punch for sale on the night. A limited number of reusable cups for the fruit punch will be available, but we encourage you to bring along **your own cups/drink bottles** to be filled up. There is strictly no alcohol allowed. The Family Movie night is fun for everyone and we hope to see you there. It's also Father's Day this weekend, so it's a great way to show Dad some love with a fun night out.

It is important to understand that all children must be supervised the entire night by a parent or guardian. Children are NOT to be dropped off and left unsupervised.



Rubbish-Free Lunches

The Rubbish-Free Lunch Champions this week were **Foundation H**. They received their trophy at assembly and will hold it until next week. They were fantastic at not bringing rubbish to school, and packing their lunches into reusable containers.

Rubbish-Free Lunch Monitors: *Ola, Miriam & Brinda*



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Student Welfare Day

Wednesday 8th August was Oak Park Primary Schools Wellbeing Day. The theme for the day was 'Being the Best Version of You'. The whole school participated by dressing up as the best versions of themselves, learning from guest speakers including those from Values for Life, Project Rokit and Melbourne Affordable Psychology, and joining in specialised class activities on a growth mindset, positive self-talk, gratitude, empathy and friendship. The day was enjoyed by all and finished with a school assembly celebrating being ourselves. Students had a laugh watching the whole school performance video to the "Happy Song" and assembly finished with a performance from the choir of 'This Is Me'.

The student and staff feedback from the day has been extremely positive:

"I really enjoyed the workshops, they were fun and taught us valuable lessons about bullying"

David 56LD

"All the workshops and activities on the day were good and fun" **Patrick 56LD**

"I liked the mindful colouring and positive statements" **Lucia 3E**

"I enjoyed the different workshops and that everyone participated and had fun" **Sharkya 3E**

The work the children produced on the day was fantastic and will be displayed in the coming weeks in the reception area on our school positivity wall, which you are all welcome to come and look at.

Some examples of the work are attached. Below is also an easy to read parents guide to growth mindset to assist you in supporting this mindset and language at home with your child.

Natasha Niemann

Student Wellbeing Officer

PARENT'S GUIDE TO A GROWTH MINDSET
Big Life Journal

Your brain is like a muscle. When you learn, your brain grows. The feeling of it being hard is the feeling of your brain growing!

PRaise FOR
EFFORT
STRATEGIES
PROGRESS
HARD WORK
PERSISTENCE
RISING TO A CHALLENGE
LEARNING FROM A MISTAKE

NOT FOR
TALENT
BEING SMART
BORN GIFTED
FIXED ABILITIES
NOT MAKING MISTAKES

THE POWER OF "YET" SAY
"YOU CAN'T DO IT YET."
"YOU DON'T KNOW IT YET."
"IF YOU LEARN AND PRACTICE, YOU WILL!"

BRAINSCAN GROW

MY INTELLIGENCE, TALENTS and ABILITIES are FIXED. (FIXED MINDSET)

VS

I CAN DEVELOP MY INTELLIGENCE, TALENTS and ABILITIES. (GROWTH MINDSET)

FAILURES AND MISTAKES = LEARNING SAY
"MISTAKES HELP YOU IMPROVE."
"YOU CAN LEARN FROM YOUR MISTAKES."
"LET'S SEE WHAT OTHER STRATEGIES YOU CAN TRY."

RECOGNIZE YOUR OWN MINDSET
BE MINDFUL OF YOUR OWN THINKING AND THE MESSAGES YOU SEND WITH YOUR WORDS AND ACTIONS.

ASK
"WHAT DID YOU DO TODAY THAT MADE YOU THINK HARD?"
"WHAT NEW STRATEGIES DID YOU TRY?"
"WHAT MISTAKE DID YOU MAKE THAT TAUGHT YOU SOMETHING?"
"WHAT DID YOU TRY THAT WAS HARD TODAY?"

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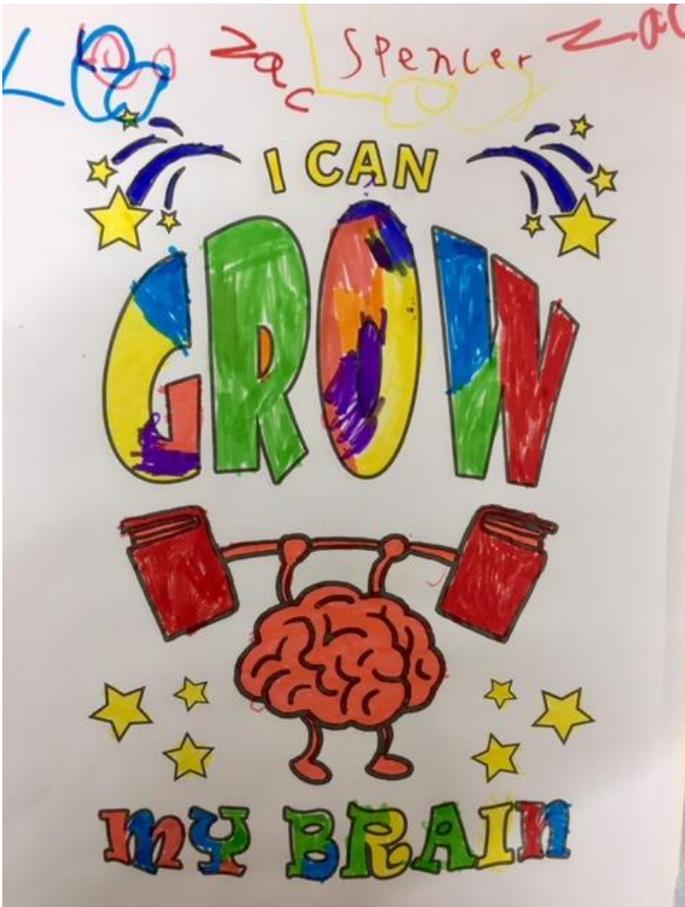
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Community News

JOIN TEAMKIDS THESE HOLIDAYS!

- Awesome Teaching Staff
- Convenient Locations
- Active, Fun Experiences
- Child Care Subsidies May Apply

Easy Online Booking
teamkids.com.au 03 9532 0366

ESSENDON KEILOR COLLEGE

www.ekc.vic.edu.au

50th Anniversary Keilor Heights High School Celebration Day

Saturday 13th October 2018



School tours, displays, archives,
BBQ lunch and performances

For more information
East Keilor Campus
Ph: 8331 0100

Spring 2018

Oak Park Primary

8:00 am - 6:00 pm

WEEK 1

24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday
WAX HANDS & KIDS VS. NATURE	NICA & SUN PRINTS	GRAND FINAL FEVER	CORROBOROE & NINJA ACADEMY	OH YEAH!
Base Fee \$47.50 Exp Fee* \$16.00 Total Fee \$63.50 After Max CCS* \$12.53	Base Fee \$47.50 Exp Fee* \$34.00 Total Fee \$81.50 After Max CCS* \$15.23	Base Fee \$47.50 Exp Fee* \$5.00 Total Fee \$52.50 After Max CCS* \$10.88	Base Fee \$47.50 Exp Fee* \$16.00 Total Fee \$63.50 After Max CCS* \$12.53	

WEEK 2

1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday
CEES & MYERS VS. FREAKY FACTS	MOVIE - SMALLFOOT & MAKE IT FLY	REPTILE ENCOUNTERS & IMAGINATION	DANCEFUSION & READY TO RUMBLE	BAKE-A-WISH & GREAT BOOK EXCHANGE
Base Fee \$47.50 Exp Fee* \$30.00 Total Fee \$77.50 After Max CCS* \$14.63	Base Fee \$47.50 Exp Fee* \$28.00 Total Fee \$75.50 After Max CCS* \$14.33	Base Fee \$47.50 Exp Fee* \$16.00 Total Fee \$63.50 After Max CCS* \$12.53	Base Fee \$47.50 Exp Fee* \$16.00 Total Fee \$63.50 After Max CCS* \$12.53	Base Fee \$47.50 Exp Fee* \$7.00 Total Fee \$54.50 After Max CCS* \$11.18

It's a public holiday!

Book a day or the whole week... how many days is up to you!

Find your nearest venue: <https://teamkids.com.au/venues>

*Child Care Subsidies Apply, \$5 Admin Fee Per Family, \$5 Late Fees Apply Within 7 Days Per Child, Payment Plans Available, Third Party Payment Fees Apply. See [Terms and Conditions](#) for Cancellation Policy, Experience / Activity Fee



Lions Club of Glenroy Inc.
PO Box 194, Glenroy 3046
Ph: 8331 0100
President: Frank Stephens Secretary: Dick Tracy
NEW MEMBERS WELCOME
Meetings held 1st & 3rd Thursday of the Month.
Web: <http://www.lionswap.org/glenroyvic>
e-Mail: glenroy@lions201v1-4.org.au

FREE VISION SCREENING

THE LIONS CLUB OF GLENROY IN CONJUNCTION WITH ORTHOPTISTS FROM ORTHOPTISTS AUSTRALIA ARE OFFERING FREE VISION SCREENING FOR CHILDREN AGED 4 TO 7 INCLUSIVE.

**SATURDAY 8TH SEPTEMBER AT
COBURG NORTH PRIMARY SCHOOL
180 O'HEA STREET COBURG**

ENTER THROUGH DAWSON ST (STAFF CAR PARK)

Testing will be carried out between 10A.M. and 3.00 P.M.
You may not be aware that your child has vision problems and therefore it is your opportunity to have your child examined **FREE OF CHARGE** to ensure that their vision is clear and, if there should be a problem, the opportunity to have the condition corrected. Many vision disorders are correctable if treated early in life but may become permanent if left untreated.

Vision impairment is one of the leading causes of poor childhood development.
This screening service **does not apply to children who are currently undergoing treatment or have already been treated for vision problems.**

NO DROPS ARE USED DURING THE PROCEDURE.
At the screening your child's vision will be assessed by Professional Orthoptists and you will be advised immediately of the result of the testing. Should it be necessary, a further assessment of your child by an eye health care specialist may be recommended.

No treatment is undertaken at the time of testing.
Should you require further information or have any questions please contact either:
Lion Dick Tracy 0400 132 730 philip.tracy@optusnet.com.au
Lion Roger Exell 0400 023 554 rogrelex@meibpc.org.au
Lion Joe Datto 0490 825 862 shamsheheralidatto@gmail.com

This project has been worthwhile if we are able to assist but one child overcome a vision deficiency

Dick Tracy
Member Screening 2018



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**You're invited to our
OPPS STEM EXPO 2018**

WEDNESDAY 19TH SEPT 9:15AM

SEE OUR WHOLE SCHOOL CHALLENGE VIDEO - CREATE!

Come join us in celebrating our STEM creations.



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WOW AWARDS

Class	Name	Awarded for
FH	Nicole Tsinidis	For always working hard to produce your best work. Keep up the wonderful effort, you're a star!
FP	Ruby-Rose Reed	For entering the classroom and unpacking your bag independently each day. Well done!
FS	Alyssa Bolte (15 th Aug) Charlie Sim	For working hard on her writing at school and at home. For consistently showing our school value of resilience in her work by carrying on to complete things and show the best work she can do



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1M		
1H	Spencer Herrod	For working with great focus during learning time, and for your excellent listening skills
1M	Naida Mutapcic	For always giving one hundred percent to all your learning tasks. You are a positive role model for our class
1/2C	Rahael Henok	For being a responsible, resilient student who has shown a great improvement with her work. Well done Rahael!
2D	Charlee Maddicks	For working hard during the editing process with your dinosaur narrative. You have shown terrific resilience this week
5/6LD	Lezhi (Larry) Hu	Fr challenging yourself in Mathletics. Keep it up!
5/6C	Stephanie Barwick	
5/6G	Selin Cosgun	For building her confidence to seek help when needed. Well done Selin!
Japanese	Chelsea Ippoliti 5/6C	For always showing great responsibility in Japanese sessions. Thank you also for bringing in some Japanese elements to share with the class.
Art	Hudson Lasslett 5/6P	
Sustainability	Foundation S	For staging an impromptu rubbish collection and caring for our school grounds

School Contacts

Principal

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Father's Day Family Night

FREE



Thursday August 30th 2018

6.00pm - 8.00pm

Bring the family along
for a great night of fun!

- Make a gift for dad
- D.I.Y. workshops
- Light refreshments
- Free gift wrapping



Give the gift of choice with a Bunnings Gift Card

Bookings recommended. For more information or to book ask one of our team in-store or visit www.bunnings.com.au

BUNNINGS
warehouse



LOWEST PRICES
ARE JUST THE
BEGINNING...



The Oak Leaf

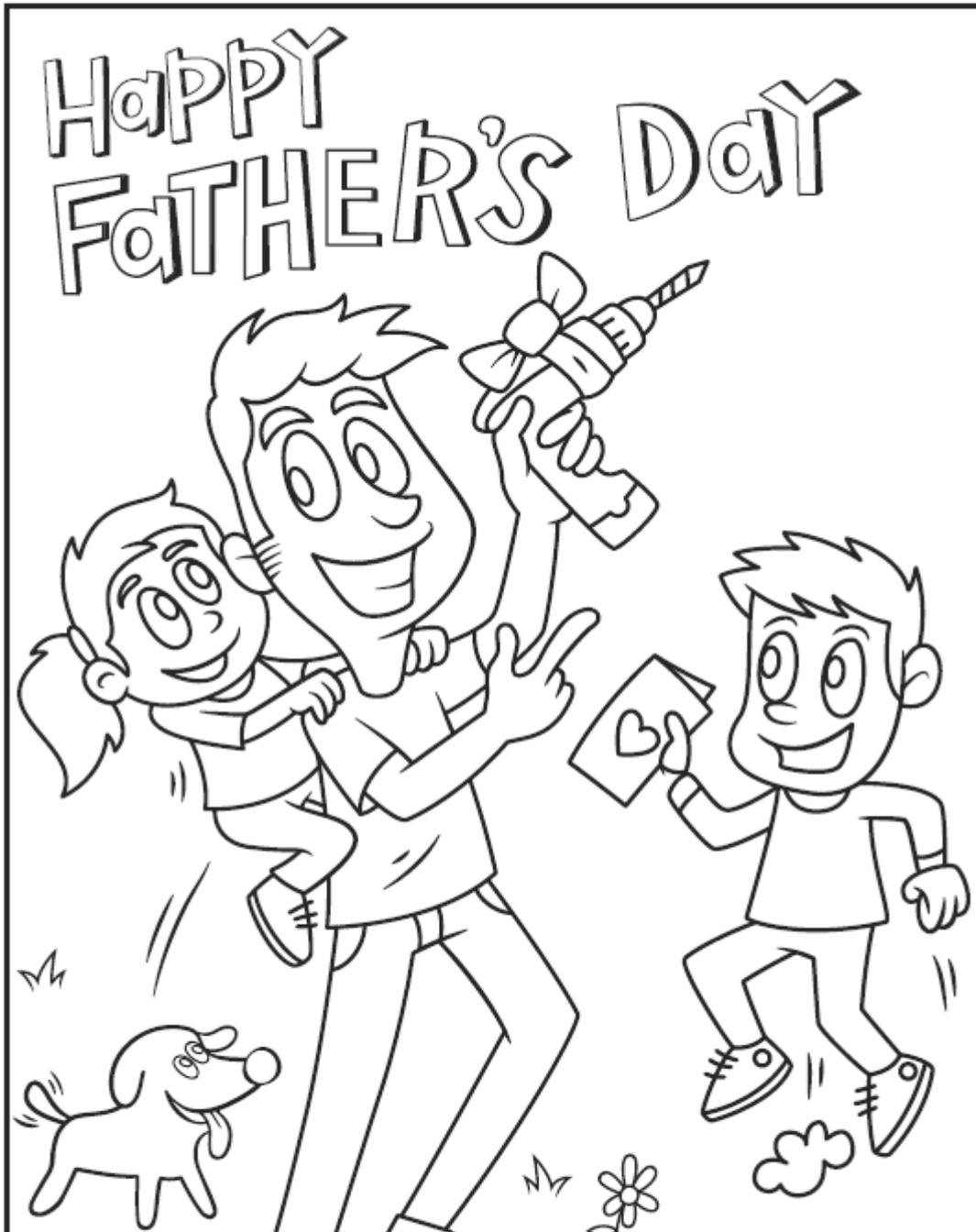
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For Father's Day Craft Ideas for kids go to www.bunnings.com.au/diy-advice/kids/fathers-day

Name: Age: Telephone: Local Store:

Bunnings Group Ltd is giving you the chance to win a prize in our colouring in competition. There will be 3 prizes up for grabs and these will be determined by the store.

All you have to do is colour in the scene above & deliver it to your local warehouse by 6pm Sunday 2nd September 2018. The winners will be notified on Monday 3rd September by phone.

- Competition is open to sign up to and including 12 years old
- 1 entry limit per person
- The judge's decision is final & no correspondence will be entered into
- Bunnings Group Ltd employees, suppliers & their families are ineligible to enter
- Personal information will only be used to contact the winners





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FETE SPONSORS

Please support these great businesses who are sponsoring and supporting Oak Park Primary School's fete

PLATINUM SPONSORS

Akay Architects

www.akayarchitects.com.au



Barry Plant

www.barryplant.com.au/glenroy



McDonalds Oak Park

www.mcdonalds.com.au



Bendigo Bank Strathmore

www.bendigobank.com.au/strathmore



Tilnak

www.tilnak.com



GOLD SPONSORS

Glenroy RSL

<https://www.glenroyrsl.com.au>



Globe Footwear

<http://globebrand.com>



LTYB Strathmore

<http://listentoyourbody.com.au/studio/strathmore>



Kelly Sports

<http://www.kellysports.com.au>



Team Holiday

<http://teamkids.com.au>

