



Oak Park Primary School will work collaboratively to provide a stimulating, safe and challenging learning environment that promotes resilient, innovative thinkers.

CALENDAR OF EVENTS

13th February	Parent/Teacher Meetings
28th February	5/6 Fighting Extinction excursion @ Melbourne Zoo
2nd March	Clean Up Australia Day
29th March	Earth Hour

Principal's Column

One of our focuses this year will be on Numeracy and on last Friday's Curriculum Day, teachers worked with renowned Mathematics 'guru' Michael Ymer.

Michael showed staff several 'hands on' numeracy activities and highlighted the need to connect the mathematics with real life situations. He encouraged teachers to reinvigorate their maths lessons to stimulate curiosity about mathematics. He encouraged teachers to encourage kids to think like mathematicians.

A number of years ago there was a strong push in schools to try to make mathematics in the classroom more interesting for kids. There were initiatives like Reality in Maths Education (RIME) and the Maths Task Centre Project – work that continues to this day.

One of the key aims of the Maths Task Centre Project was to have kids think like a mathematician. In order to learn about what this means, they asked mathematicians.

Their response was:

First, give me an interesting problem.

But the question then became, 'What do mathematicians do with these interesting problems?'

They said that they:

- Play with the problem to collect & organise data about it.

Uniform Award

This weeks
Uniform Wearers of the Week Award

goes to

JULIANA DELLOSA 2M

Congratulations Juliana for setting such a terrific example to the rest of the school!





The Oak Leaf

Willett Avenue Oak Park 3046

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- Discuss & record notes and diagrams.
- Seek & see patterns or connections in the organised data.
- Make & test hypotheses based on the patterns or connections.
- Look in their strategy toolbox for problem solving strategies which could help.
- Look in their skill toolbox for mathematical skills which could help.
- Check their answer and think about what else they can learn from it.
- Publish their results.

Questions which help mathematicians learn more are:

- Can I check this another way?
- What happens if ...?
- How many solutions are there?
- How will I know when I have found them all?

When mathematicians have a problem they:

- Read & understand the problem.
- Plan a strategy to start the problem.
- Carry out their plan.
- Check the result.

A mathematician's strategy toolbox includes:

- Do I know a similar problem?
- Guess, check and improve
- Try a simpler problem
- Write an equation

- Make a list or table
- Work backwards
- Break the problem into smaller parts
- Act it out
- Draw a picture or graph
- Make a model
- Look for a pattern
- Try all possibilities
- Seek an exception

If one way doesn't work I just start again another way.

We aim to help kids use this kind of language to *explore* mathematics rather than 'doing' mathematics by working on real problems with unknown answers rather than recipe exercises with expected answers.

Free Fruit for OPPS



We have some great news!!!!!! Secondbite will be providing our school **free, fresh and nutritious fruit each week**, commencing on Wednesday 20th February.



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A big THANK YOU to Raph who will be collecting our fruit each Wednesday morning and bringing it to Oak Park PS.

Enough fruit will be provided for 415 students and will be distributed into classes as part of our 'Brain Breaks' and encouraging students to eat fruit and vegetables in class.

Studies over the last 15 years have shown that brain-breaks have multiple benefits for student learning. They have shown to enhance students' cognitive functioning and ability to remain focused for academic learning. Brain breaks only take up small amounts of lesson times, yet the benefits of increased engagement and cognitive functioning, have been proven to significantly improve academic performance.

If you can spare approximately 30 minutes each Wednesday morning, from 8.45-9.15am to assist with the distribution of the fruit into the classrooms, please contact Maria Giordano: giordano.maria.m@edumail.vic.gov.au

Thank you ☺

Maria Giordano

STUDENT WELLBEING OFFICER

Congratulations Toby!

Congratulations to one of our students Toby Finch who has earned the Joey Scout Promise Challenge. To attain the top award in each of the five sections in Scouting requires initiative in tackling the challenge, sustained effort, plus self-discipline,

teamwork and leadership. Only a small percentage reach this level.

Well done Toby!

What's in our kids' lunch boxes?

See the full article at:

<https://www.abc.net.au/news/2019-02-12/school-lunch-box-photographs/10759890>

What's in our kids' lunch boxes?

We visited schools from one of the poorest and wealthiest suburbs in the same city and took a peek inside kids' lunch boxes. Here's what we found.

By Margaret Burin

It's a relentless dilemma most parents can relate to — what to put in your child's lunch box that is quick to make, affordable, healthy, and won't come home uneaten at the end of the day. Easy, right?

And for some families it's a struggle to send anything at all.

We decided to visit two schools from different parts of Melbourne — Broadmeadows, one of the city's most disadvantaged areas; and Brighton, one of the most wealthy — to photograph what was in children's lunchboxes.

There were a few stand-outs.

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Paediatric nutritionist Mandy Sacher identified this lunch, which included a homemade couscous salad, as the best out of all the ones we photographed.

Here's lunch in Brighton...

The median weekly household income in Brighton is \$2,410, well above the Australia-wide median of \$1,440.

Brighton student's lunch box

Homemade cous cous, tuna and vegetable salad, salted popcorn, cookies, a yoghurt and nut muesli bar, cherry tomatoes and a miniature cucumber.

(The student packing this one actually said they had made the salad themselves!)



AND THESE WERE THE MOST CONCERNING

Ms Sacher said the most confronting lunches were in Broadmeadows, where teachers said it was also not uncommon for kids to turn up to school with no lunch at all.

Here's what lunch looks like in Broadmeadows...

The median weekly household income in Broadmeadows is \$900, well below the Australia-wide median of \$1,440.



Broadmeadows student's lunch box

A lunch order for wedges, chocolate biscuits, salt flavoured potato chips, Twisties, chicken flavoured Shapes, LCMs coco pops bar, lollies and a fruit box.

HOW MUCH DID THE ECONOMIC DIFFERENCES CHANGE KIDS' LUNCHES?

Not a lot, nutritionist Mandy Sacher says.

But there did seem to be a tendency towards somewhat lower sugar levels in the wealthier area.

"In Brighton most of them had a serve of vegies and fruit," she said. "In Broadmeadows I did see more sugar, there was definitely a lot more packaged food.

"I actually think those lunch boxes were costing parents more because there was so much store-bought packaged food."



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Overall, she said the sample suggested the challenge of packing an interesting and nutritious lunch box is a universal one.

"There's not much difference between the two schools," she said. "Most of them were just bread and packaged food."

Just one in 17 Aussie children are eating the recommended number of serves of both fruit and vegetables, according to the latest National Health Survey.

Ms Sacher said as a nutritionist she was not interested in pointing fingers, but trying to offer parents simple solutions to fix the problem.

Vegemite, ham and Nutella as staples

In our sample of school lunch boxes, most kids turned up each day with a white bread sandwich as their main lunch item.

Vegemite or ham were the fillings of choice for most kids in the wealthier suburb, compared to Nutella in the poorer suburb.

Ms Sacher said none of these options were providing any sustenance.

"The biggest problem with all these lunch boxes across the board is refined carbohydrates and far too much sugar," she said.

"With just Nutella or Vegemite, you're not getting protein on those sandwiches.

"They're going to get a quick fix of sugar, their blood sugar levels are going to spike and then they're going to drop and they're going to be hungry."

Ms Sacher said home-made lunches can have great short and long-term health benefits.

"Children are often labelled with things like ADHD or hyperactivity or they can't concentrate at school," she said. "Just by simply starting to change the foods they're eating you can start to see a difference."

Five tips for moving away from the Vegemite sandwich

Mandy Sacher is also the founder of Wholesome Child. These are her five tips for packing a healthier lunch that will still get eaten.

1. Multi-tasking meals

Send the kids to school with what you've had for dinner is her biggest tip.

"If you look at places like Brazil, France, Japan, China and South Africa, children eat hot meals. Even in hot weather kids can still have a proper meal at school."

"If you're having roast chicken, spaghetti bolognese, homemade pizza, mac and cheese, why is this food not coming to school?"

"It may be sending it in a thermos or getting kids used to eating leftovers cold."

She said dinner could often be converted into a hearty lunch box meal very easily.

"Simply taking some roast chicken and adding it to pasta with maybe a bit of mayonnaise or yoghurt as a creamy dressing, that is not time-consuming and you're also going to be saving money."



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2. Increase variety

Change it up, she said. A weekly meal planner can mean kids don't just get used to eating the same thing every day.

Ms Sacher said it was best to introduce foods on the weekend, after school and during play dates before popping them into lunch boxes.

3. Get the kids involved

Everyone knows kids can be fussy.

Making them a part of packing their lunch and getting them to come up with ideas for their meal planner helped increase the amount of things they would eat, Ms Sacher said.

"Let them know, 'if you want your Vegemite sandwich on the Monday, you can't have it on the Tuesday, so what are we going to eat?'

"Number one it saves you time, and you also know that you're going to be sending them with things that they are going to eat."

4. Have healthy staples on hand

Ms Sacher recommended spending a couple of hours shopping and preparing food on the weekend, making sure some simple staples are prepared and ready to go.

She said having things like hummus, tuna and mayonnaise, chopped carrots and cucumbers, roasted chickpeas and boiled eggs in the fridge would take pressure off weekday mornings.

"Having those easy foods prepared means that you can just pop them in a lunch box when you've run out of time," she said.

She also suggested preparing some healthier homemade goods — banana bread, vegetable muffins or sweet potato pizza — that can be portioned, frozen and defrosted during the week.

5. Read the labels

Food labels can be confusing and difficult to understand.

In short, Ms Sacher said when looking at similar products on the supermarket shelf, compare sodium, sugar, food additive and preservative levels.

"Overall I tell parents to avoid numbers and food colourings wherever possible — anything that is not food."

School Council Elections

The School Council Election Timeline is as follows:

Notice of election & call for nominations	Feb 11
Close of nominations	Feb 18
Ballot papers distributed	Feb 25
Close of ballot	March 5
Count votes & declare ballot	March 6



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Making time for breakfast

For most people, mornings are a frantic rush to get to work (or and/or school) on time, and regular morning meals are fantasy rather than fact.

Here's the bottom line, though: breakfast really is the most important meal of the day. Your body relies on glucose (blood sugar) for energy in much the same way your car requires petrol. Without a constant supply of energy, your body will tire and stop functioning properly – eventually, entirely.

Breakfast supplies you with an initial boost of energy that not only speeds up your metabolism, but gives you enough glycogen reserves to see you through the morning as productively as possible. Additionally, you need to provide enough new energy for your body to use to start the day and to keep you functioning well until lunch.

Start your day right

First of all, as the name "breakfast" implies, you need to "break" the "fast" - that is, you need to refill your body with the energy that was used up while you slept. As stated above, this energy, of course, comes from food, and you need it because you haven't eaten for nearly 12 hours or so.

This isn't just a theory; it has been proven by many scientific studies. One six-year study, for instance, measured the mental and physical efficiency of a group of adults throughout the day. Some of the people tested ate good nutritious breakfasts while others did not. When compared to those who ate breakfast, those who did not, became less efficient

as the day went on. Their efficiency improved after eating lunch, but they slowed down again later in the day and fell behind those who had eaten breakfast in completing their work.



For children a good breakfast is also important. Children who don't eat a good breakfast become tired in school and don't pay as much attention, especially late in the morning. In one study, test scores of children who did not eat breakfast were generally lower than those who had eaten a good, nutritious morning meal. Breakfast eaters performed much better in their schoolwork and showed extra energy in sports and other physical activities.

It's easier than you think

It's easy to have a good breakfast, even if you don't feel hungry when you wake up. If you're not used to eating breakfast, you can begin by eating just a small bit at first and then have the rest of a nutritious meal at mid-morning. As you get more used to eating breakfast, slowly increase the amount of food you eat in the early morning.

A good breakfast is a morning meal that supplies at least one-fourth of your daily nutritional requirements. It should consist of nutritious foods such as whole-grain bread or cereal, fruit, milk, yogurt, or eggs. For people older than two years, 1% low fat milk or non-fat milk is the best choice, and eggs should not be eaten every day.

There are many quick breakfast options that can be eaten on-the-run or prepared in less than five minutes. Here are a few ideas:



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- Avoid cereals high in sugar as they are burned quickly in the body, resulting in a sudden drop in blood sugar levels a little later. Many cereal manufacturers now produce low fat – and delicious - sustained energy release cereals products
- Make cereals more interesting by adding low fat flavoured yoghurt or fruit
- Instant oatmeal is a good option for chilly mornings
- Sprinkle oat bran, wheat bran or flax seed meal on cereal for extra fibre and more slow release of energy.
- Slice up a variety of fruit and for fabulous fruit salad drizzled with yoghurt
- Fruit smoothies are made in a blender by mixing fruit, yoghurt and milk. Add some oat bran for a slower release of energy. They are delicious and can be consumed "on the run".

Keep a few breakfast bars and small yoghurts around for panic stricken mornings. If you don't enjoy the types of foods generally associated with breakfast, consider a sandwich or a serving of leftover dinner foods that may appeal to you more.

Breakfast is all about being prepared, having a routine and not compromising on the family's good health – or your own.

So, the answer to the question: "Do you need to eat breakfast?" is "YES". But you must make smart choices with your breakfast foods, having in mind all the benefits of whole grains and other healthy choices mentioned above.

HEALTHY SNACKS AND LUNCHES



Children need to eat a variety of foods everyday to be healthy. Parents can give children a healthy school lunch that tastes great and is good for them too. Many parents say one of the major problems with school lunches is when the children bring them home! Try to give the kids some choice about what they take for lunch, and if possible, get them involved with preparing the 'healthier' foods.

What's a Healthy School Lunch?

- Start by choosing a variety of foods using the Healthy Eating Pyramid as a guide. This will ensure that your child is receiving adequate nutrition during the day.
- Don't forget to include mainly breads and cereals (bread, rice, pasta etc), fruit and vegetables and moderate amounts of dairy and meat or meat alternatives.
- Bread is the most common lunch food for kids. A range of breads such as sliced bread (white, white high fibre, wholemeal, multigrain, rye); pita bread; kebab bread; bread rolls; and English muffins. Use a variety of fillings to keep children interested.
- The dairy products are particularly important, watch that your children are not replacing milk with juice all the time. Encourage children to drink water throughout the day.



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- Save sweet and fatty treats for special occasions. In most children's lives there are more than enough birthdays, holidays and other special occasions.
- Choose healthy snack food options including cheese sticks, canned or fresh fruit, rice cakes, pikelets etc.
- Don't forget water is an ideal drink for children.

Maria Giordano

STUDENT WELLBEING OFFICER

Library News

Library sessions have begun for classes. Please provide a Library Bag for your child if they wish to borrow. This applies to **ALL** students in the school.



Lunchtime Yoga



Lunchtime Yoga with Tania

Tuesdays in the Foundation Area

Starts at the second bell

All Welcome!

School Banking

School banking is a great way for students to learn about saving, and the Bendigo Bank in Strathmore have some great offers for those joining up. Forms have been sent home with Foundation students and we also have a few forms at the Office for students in other year levels who would like to sign up.

OPPS Sports Tops

If you have had any of your children (past or present) represent our school in either football or basketball for sport in the last two years and have not returned the tops, can I please ask that they be returned to me ASAP.

It would be greatly appreciated if we didn't have to order new sets for these.

Thanks

Liam

2019 School Fees

Just a reminder that the School Fees 2019 were due to be paid by 1st February 2019 but it is not too late. Please organize payment via direct deposit to Oak Park Primary School bank account.

I have attached the book list letter again for your convenience detailing the cost and the bank account.



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Thank you very much to the families who have already paid the Book List 2019.

If you require a payment plan, please do not hesitate to contact the office or email me direct.

delia.annette.a@edumail.vic.gov.au

Japanese News

There are a couple of Japanese competitions happening this term.

Hiragana Mnemonic Competition. Students need to create own Hiragana mnemonic with the winner receiving a Daiso stationery pack.

Rules:

- Original Hiragana mnemonics
- No use of copyright images (e.g. Doraemon) or published works (e.g. Hiragana in 48 Minutes)
- Students must use the A4 template in the Word file (come and see sensei for a template)
- Completed registration form with description of the mnemonic and name, grade and school to be included on the back of the template

All entries are to be given to Sensei by 8th March 2019.

2019 JLTAV Events Poster Competition. Students are encouraged to be creative and to design a cover which reflects the Japanese language or Japanese culture. Students are able to submit a digital or hand drawn cover design. Please note that students are not able to use images that are already copyright (e.g. Hello Kitty etc.). No words are required on the poster. The winner will receive a Daiso stationery pack.

Rules:

- A creative design reflecting the Japanese language or culture
- A4 size (portrait size only)
- No use of copyright images
- Individual entries only will be accepted

All entries are to be given to Sensei by 1st March 2019.

For more information, please feel free to come and see me.

Melissa Ly

Japanese Language Teacher

IMPORTANT: Recycling

The following photos are a perfect example of what should **NOT** be placed into the recycling bins!

These sort of items affect what is picked up, and whether the goods are actually recycled or end up in landfill.

We ask all staff and students to please be aware of the objects that are being placed into the bins.

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Instrumental Music Lessons

Oak Park Primary has a thriving music program and we are now taking new enrolments for Term 1! Student have the fantastic opportunity to play a musical instrument in our Growing Instrumental Music Program. Instrumental Music students are encouraged to develop an appreciation and enjoyment of music through studies in their



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selected instrument and selected music programs. By learning in a small group environment, students interact with each other are encouraged, inspired and challenged by their peers and teachers and regularly participate in ensemble work.

Tuition is offered in Guitar, Piano/Keyboard, Singing, Music Theory and Drums as well as Foundation Music and School Band.

Participation in the Instrumental Music program may assist in the development of social skills, co-operation, teamwork, concentration, memory, leadership skills, time management and persistence. These important characteristic uniquely contribute to other areas of education and student life.

Lessons are given once a week during the school term and lessons time rotate within the academic timetable. Small groups of students are withdrawn from class, for thirty minute lessons. Individual and extended lesson times are offered where possible for advanced students.

A reminder to Parents that the Instrumental Music Program is continuously growing at Oak Park and we are now accepting enrolments into the growing program for term 1. To apply for enrolment you can fill in an enrolment application form online via the following

link: <http://www.melbourneguitaracademy.com/schoolprograms> . Once the program is full, new students will be put on a waiting list and processed according to availability, group allocation and date the enrolment form is received.

Please don't hesitate to contact me if you require more information regarding the instrumental music program at Oak Park Primary.

Amy Di Giambattista

Instrumental Music Coordinator

p. 9326 1109 | 0405 018 708e.

info@melbourneguitaracademy.com

Just a quick reminder that entries for the 2019 Melbourne Guitar Festival Performance Competition close March 31st!

This is Australia's largest annual classical guitar festival and competition!

Over \$20,000 in cash and prizes available, and categories from beginner to advanced!

I hope some of your students are interested in participating.

Further information can be found via www.MelbourneGuitarFestival.com





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COMMUNITY NEWS

What is Saver Plus?

- A free ten-month savings program providing financial education, budgeting and savings tips.
- Participants receive up to \$500 in matched savings for education costs for themselves or their children.
- Delivered by Brotherhood of St Laurence, Berry Street, The Benevolent Society and The Smith Family and other local community organisations.
- Offered in communities across Australia in every state and territory.

A Saver Plus Participant's Journey

Goal
Talks to a Saver Plus Coordinator from a community organisation and, if eligible for the program, sets a goal to save a regular amount of money over 10 months.

Saving
Opens an ANZ Progress Saver account and makes regular deposits.

Education
Completes the MoneyMinded financial education program with support from a Saver Plus Coordinator.

Matching
Reaches savings goal and receives matched funds, up to \$500, for their own or their children's education costs.

Who can join?

Participants must meet all of the below criteria:

- have a Centrelink Health Care or Pensioner Concession Card
- be at least 18 years old
- have some regular income from work (themselves or their partner)
- have a child at school or attend vocational education themselves.

Benefits for participants¹

- 87% continue to save the same amount or more up to three years after completing the program
- 81% were better equipped for unexpected expenses
- 93% reported increased self-esteem
- 85% had more control over their finances

How did it start?

Saver Plus began in 2003 as a Brotherhood of St Laurence and ANZ pilot program with 268 participants in three sites across Victoria and New South Wales.

Since then, the program has expanded to all Australian states and territories, reaching more than 32,000 people, making it the largest and longest-running program of its kind in the world.

Since 2004¹:

- 32,000+ participants
- \$17.3m - total amount saved by participants
- \$14m - matched funds paid by ANZ
- \$753 average amount saved per participant

Find out more

- 1300 610 355
- saverplus@bsl.org.au
- www.saverplus.org.au

¹ RMIT University, 2016. A number of Saver Plus program evaluations have been carried out since 2004. For more information see anz.com/saverplus.
Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

Contact your local Saver Plus Coordinator
Phone or 1300 610 355
Your name and postcode in 1300 610 355

Send:
Form (P3) to: anz.com
Online: saverplus.org.au
Post to: anz.com Facebook: <https://www.facebook.com/saverplus>

To join Saver Plus, you must be at least 18 years or over, have a child enrolled or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment.



Calling All Budding Netball Players

Penola Saints Netball Club is looking for girls or boys interested in joining a friendly and diverse Community Sporting Club

Net Set Go Team (5-10 Years), U11' U13's, U15's, U17's

Training Wednesday Nights

Net Set Go - Oak Park Primary School

U11's & U13's - Penola Catholic College (Junior Campus)

Training Monday Nights

U15's & U17's - Penola Catholic College (Junior Campus)

Game Day - Parkville State Netball Centre.

For further information please contact:

Alexis King: 0409 516 067

secretary.penolasaints@gmail.com



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P.O. Box 8129 Tarnait, 3029
M: 0432 522 829
E: shane@kellysports.com.au



OAK PARK PS

GAME ON

This program is back for Kelly Sports in 2019! Game On is all about getting active and moving through general game play. Young children will develop basic motor skills by playing a variety of invasion, evasion, catching, target and striking games while having a blast with their friends.

WHEN: Friday's DATES: 8th Feb - 5th April TIME: 3.30pm - 4.45pm
YEAR LEVELS: Prep - 1 (suggested only) COST: \$135 (9 weeks)

SIZZLING SUMMER SPORTS

Kelly Sports is back for 2019 with our Sizzling Summer Sports program includes Soccer, Cricket & Basketball! Learn new skills, build awareness, co-ordination and make new friends all in an enjoyable and friendly environment!

WHEN: Friday's DATES: 8th Feb - 5th April TIME: 3.30pm - 4.45pm
YEAR LEVELS: Grade 2 - 4's (suggested only) COST: \$135 (9 weeks)

EARLY BIRD SPECIAL OF \$126 IF ENROLLED & PAID BEFORE MONDAY 4th FEBRUARY

HOW TO BOOK

You can enrol at www.kellysports.com.au or alternatively you can scan and email this completed form to shane@kellysports.com.au or post to PO Box 8129, Tarnait, 3029

ENROLMENT FORM

Program Name: _____ Day: _____
Child's Name: _____ Year Level: _____
Address: _____ Post Code: _____
Phone (Mobile/Work/Home): _____
Email: _____
Medical Conditions: _____

At the completion of after school clinics, does your child? (Please Circle) Go to after care Get collected

Parents' consent: I hereby authorise Kelly Sports to act on my behalf should my child require medical attention, and release Kelly Sports from any liability for injury incurred by my child at Kelly Sports programmes.

Parent/Caregiver name: _____ Signature: _____

Amount Paid: \$ _____ Credit card payment: £ Visa £ MasterCard

Card Number: _____ Expiry Date: ____/____/____ CCV: _____

Please note that credit card payments attract a processing fee



KIDS CLASSES

Free Trial Lesson!

Smaller courts, lighter racquets and low-compression balls that don't bounce too high make learning tennis fun and easy for primary school-aged children. This means that kids are able to start rallying and having fun right from their first lesson!

Cost: \$9.00 a session



CARDIO TENNIS

Free Trial Lesson!

- High energy workout and burn 300 to 1000 calories
- Drill-based and play-based activities
- Lose weight, get fit and have fun
- Participants wear heart monitors, exercise to music and use low compression balls and a variety of equipment such as agility ladders

Cost: \$12.50 a session.

LOCATIONS: Kensington Banks TC Smithfield Rd • North Park TC Flemington Rd
Gladstone Park TC 18 Elmhurst Rd • St Matthews TC 95 William Rd

1300 22 33 86 ACEFUNTENNISCHOOL.COM



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The Moreland School Holiday program brochure will be available for the **April 2019 School Holiday Program from Friday 15 February 2019, 5pm,**

Families are able to make a casual booking via our online booking system by visiting council's website by **Friday 15 February 2019, 5pm. Bookings will close on Friday 1 March 2019.**

Brochures are available from:

- Local Primary Schools in the municipality;
- Council's website and;
- Citizens Services Centres – Monday to Friday between 8.30 am to 5.00 pm.
 - Coburg Offices, 90 Bell Street, Coburg
 - Brunswick Offices, 233 Sydney Road, and
 - Glenroy, 796N Pascoe Vale Road, Glenroy

If you have difficulty accessing any information or general queries, please contact Council on Ph: 9240 1111.

Thanks and regards

Regards

Mena Matheas
School Holiday Program Officer
Moreland City Council
90 Bell Street, Coburg 3058 | Locked Bag 10, Moreland 3058
9240 2427 mmatheas@moreland.vic.gov.au





The Oak Leaf

Willett Avenue Oak Park 3046

† 9306 9182 e nolan.william.b@edumail.vic.gov.au www.oakparkps.vic.edu.au

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WOW AWARDS

Class	Name	Awarded for
FS	Mulan Wang	For always putting in your best effort – what a great start! You really “shoot for the moon”
FH	Indie Higgins	For setting such a wonderful example for others in our class by working hard and putting your best effort into every activity. Keep up the amazing effort.
FM	Mac Mannix	For a terrific start to school and for being a great helper around the classroom. Well done Mac
1H	Ricky Lopes	
1C	Luke Wray	For settling in well at Oak Park Primary and having great manners
1PA	Alexander Sermeliotis	For having a fantastic start to Grade 1 and being a responsible classroom monitor
2D	Ihsan Kucukali	For working hard and always putting 100% into any task. You set a wonderful example for your classmates displaying the school values of respect, responsibility and resilience. Well done
2M	Liam Donovan	For making a real effort to be responsible for your learning by sitting beautifully on the carpet and getting on with the tasks sensibly.
3/4B	Brandon Caulfield	
3E	Hamish Ward	For taking such great responsibility for your learning and always focusing



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3JW	Stella McKinnon	For completing all your work and using fantastic presentation
4T	Barnaby Trimble	For having a fabulous start to Year 4 and always showing the school values of Respect, Responsibility and Resilience. What a fabulous role model for 4T
5/6A	Leo Liistro	For settling into Grade 6 smoothly and being a positive role model
5/6C	Jeane Brasher	
5/6GC	Jude Omar	For setting a great example for his peers by following instructions and caring for others
Japanese Melissa Ly	Chase Byrne (6 th Feb) Grace Bogle	For your improved effort towards your cover page in your Japanese book. Keep up the great work Chase For your fantastic input into Japanese class with Hiragana practice, and also being a great helper. Keep up the great work
Performing Arts Melanie Ojczyk	Maisie Morton 1PA	For showing such creative movements in dance class and displaying confidence



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OAK PARK PRIMARY SCHOOL School Fees, Extras and Contributions 2019

Dear Families,

Below is an outline of school fees for 2019. These costs have been approved by the School Council and meet the DET guidelines.

We ask that you provide a total payment of \$275 for the Books, Materials and levies for each of your children.

Essential Education Items and Shared Materials

Supplied to classrooms for the individual use of students.

Includes items as selected by your child's teacher dependent on the grade level. This may include items such as:

Scrap Books, Display Book, Tissues, Ruler, Scissors, Glue Sticks, Pencil Case, Grey Lead Pencils, Pens, Colour Pencils, Pencil Sharpener, Exercise Books, Crayons, Textas, Home Reading Book, Handwriting book, Project Books, USBs, labels

English and Reading Books and Requisites, Art and Craft Materials, Library Books and Requisites, Maths Equipment and Requisites, Physical Education and Sports Equipment, Photocopying and Printing, First aid materials, Technology/ Science Materials, Cover paper, coloured paper, lined paper, school crafts, project materials, etc.

SUB TOTAL \$200.00

Optional Extras

We strongly encourage all families pay the Optional Extras as outlined below as they enable teachers to provide a more enriched curriculum. Note that these extras are provided on a user-pays basis.

Mathletics and Literacy Program subscriptions

These are web based resource programs used extensively in the classroom to stretch and challenge students 24 hours a day, 7 days a week (at home and school).

- Please Note: These costs apply to all students, even those not on the 1:1 program, as they are for resources which are used at school and can be used at home (on other devices) by all students.

SUB TOTAL \$25.00

Voluntary Financial Contributions

This supports the school in providing a range of resources and maintenance.

Information Technology

This levy enables us to repair and maintain equipment, web based software, subscriptions and the purchase of the latest educational software for students. The levy also enables the purchase of other technologies that your child uses in the classroom, e.g. film making resources; microphones, green screen technology, digital cameras.

Our local curriculum technical support costs approximately \$50,000 per annum.

Maintenance and Development

Used for school improvement and purchases of major equipment.

e.g. shade sails, seating, paving, equipment, gardens, tree planting, playground, safety mulch, oval servicing and air-conditioning/heating maintenance and servicing

SUB TOTAL \$50.00

TOTAL DUE \$275.00

**A 10% Discount applies for the second and subsequent children enrolled at the school*



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- Please Note: Further costs will be incurred throughout the year for camps and excursions. These are not included in the costings referred to in this letter.

**PLEASE NOTE: PAYMENTS CAN BE MADE ANYTIME
(during school times)
FROM NOW UNTIL FRIDAY 1st FEBRUARY 2019.**

You can pay with Visa, MasterCard, Cash, Cheque, or Electronic Funds Transfer (**preferred method of payment**). You can also pay by instalments via **COMPASS** by **Direct Debit** over 10 payments at a cost of \$28.60 each payment. Please contact Annette D'Elia delia.annette.a@edumail.vic.gov.au if you wish to direct debit.

The details for Electronic Funds Transfer are as follows:

Account name:	OAK PARK PRIMARY SCHOOL
BSB:	063 450
Account No:	10002492
Reference:	Your child's surname and Fees 2019

Parents who wish to discuss payment arrangements or who are having any difficulty paying at this time should contact the office to make alternative arrangements **BEFORE** the end of the year. A payment plan can be organised.

We thank you in anticipation of your support.

Bryan Nolan
Principal

Joanne Roolker
School Council President



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FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2018, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools in 2019 or you did not apply in 2018.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2019.

Check with the school office if you are unsure.





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CAMPS, SPORTS AND EXCURSIONS FUND (CSEF) APPLICATION FORM

School Name

School REF ID

Parent/legal guardian details

Surname _____

First name _____

Address _____

Town/suburb _____ State _____ Postcode _____

Contact number _____

Centrelink pensioner concession OR Health care card number (CRN)

- - - OR
 Foster parent* OR Veterans affairs pensioner

*Foster Parents must provide a copy of the temporary care order letter from the Department of Health and Human Services (DHHS).

Student details

Child's surname	Child's first name	Student ID	Date of birth (ddmm/yyyy)	Year level

I authorise the Department of Education and Training (DET) to use Centrelink Confirmation eServices to perform an enquiry of my Centrelink customer details and concession card status in order to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Australian Government Department of Human Services (DHS) to provide the results of that enquiry to DET.

I understand that:

- * DHS will use information I have provided to DET to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DET personal information including my name, address, payment and concession card type and status.
- * this consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- * I can obtain proof of my circumstances/details from DHS and provide it to DET so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- * If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DET.
- * Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to the Victorian Department of Health and Human Services and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant _____ Date / /



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THE EDUCATION STATE

CSEF ELIGIBILITY

Below is the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

Criteria 1 – Eligibility

To be eligible* for the fund, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one, or;
- on the first day of Term two;
- a) Be an eligible beneficiary within the meaning of the *State Concessions Act 2004*, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
- b) Be a temporary foster parent, and;
- c) Submit an application to the school by the due date.

* A special consideration eligibility category also exists. For more information, see: www.education.vic.gov.au/csef

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Criteria 2 - Be of school age and attend school in Victoria

School is compulsory for all Victorian children aged between six and 17 years of age inclusive.

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. Typically, these students are aged between five and 18 years inclusive.

CSEF is not payable to students attending pre-school, kindergarten, home schooled, or TAFE.

Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on the first day of either term one (29 January 2019) or term two (23 April 2019).

PAYMENT AMOUNTS

CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$125 per year.
- Secondary school student rate: \$225 per year.

The CSEF is paid directly to your child's school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

For ungraded students, the rate payable is determined by the student's date of birth. For more information, see: www.education.vic.gov.au/csef

Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. Secondary schools are required to make applications on behalf of parents so please register your interest at the school.

HOW TO COMPLETE THE APPLICATION FORM

NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN

1. Complete the PARENT/LEGAL GUARDIAN DETAILS section.
Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.
If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.
2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2019 closes on 28 June, 2019.

CSEF payments cannot be claimed retrospectively for prior years.

Queries relating to CSEF eligibility and payments should be directed to the school.



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School Contacts

Principal	Bryan Nolan	nolan.william.b@edumail.vic.gov.au
Business Manager	Annette D'Elia	delia.annette.a@edumail.vic.gov.au
Office Manager	Fran MacDonough	macdonough.frances.a@edumail.vic.gov.au
PFA President	Bron Barwick	nursebron@yahoo.com
School Council President	Joanne Roolker	joanne.roolker@live.com.au
OSHC Coordinator	Julie Andrews	aftercare@oakparkps.vic.edu.au