The Oak Leaf

Oak Park Primary School will work collaboratively to provide a stimulating, safe and challenging learning environment that promotes resilient, innovative thinkers.

CALENDAR OF EVENTS

Sept 16  
Footy Colours Day  
Last Day Term 3  
2.00pm Dismissal

October 8  
School Fete

October 21  
Last day for letters re: Student Placement for 2017

Uniform Award

This week’s Uniform Wearer of the Week Award goes to AMELIA BROWN 1/2T
Congratulations for setting such a terrific example to the rest of the school

Principals Column

The end of a term is always a good time to reflect on what has occurred in the previous 10 weeks. Looking back over the term you realise that there is always a lot happening with a wide range of rich learning experiences for our kids!

This term we had the STOMP Dance Group and whole school disco, the Rio Olympics, Basketball Round Robin, excursions to Serendip Sanctuary, the Immigration Museum, Penola SC production of ‘Hairspray’, National Tree Day, OPPS Tree Day and mini forest plantings, Bully Zero presentations to students, staff and parents, NAPLAN online trial, Hoop Time Tournament, OPPS Athletics Day, District Athletics Day, Footy Grand Finals, 100 Days of Foundation, Parent Opinion Survey, Book Week and the Book Character Parade, Victorian Primary Schools Parliamentary Convention and visit to the Victorian Parliament, Father’s Day stall and the Movie Night, the Grade 3 and 4 Camp to Mt Evelyn, Olympics Day, Multicultural Day, Tournament of the Minds, and Footy Colours Day (tomorrow)!

Looking forward to a great Term 4 – have a great holiday everyone!

Many thanks to our whole school community for your support of the school, the staff and our programs.

Thought for the Week

Success usually comes to those who are too busy to be looking for it.

Henry David Thoreau
Importance of Sleep

An article I came across recently:

SCHOOL students are chronically sleep deprived, leaving them grumpy and disadvantaged at school the next day — and the culprit is the mobile phone.

Many lose precious sleep because they stay up late into the night sending text messages to friends, or playing online games education expert and clinical psychologist Andrew Fuller said. Mr Fuller, who is conducting school-based research on the sleeping habits of students, found sleep was most elusive for female students because they were typically the most eager SMS users.

In a sample survey of 213 boys and 193 girls late last year, 42 per cent of boys and 40 per cent of girls were found to be chronically sleep deprived to the extent that it would impair their concentration in school.

Mr Fuller said lack of sleep could have serious ramifications for students' ability to learn and retain information at school the next day.

"The amount of sleep you have directly relates to how much serotonin you have and how vulnerable to stress you are. It means they get less deep sleep and less dream sleep. Sleep helps consolidate long-term memory, it has a big role in learning," he said.

Mr Fuller, recommended banning mobile phones and other technology from bedrooms.

Principal for the Day

As part of our fete celebrations you can enter the raffle for your chance to be ‘Principal for the Day’ and be the boss of Oak Park Primary School! You can run the assembly, tell teachers what to do, make very important decisions or sit all day (if you want to) in Bryan’s chair!

Tickets are $1 and you can enter as many times as you like.
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Tickets will be on sale on Weds 14th & Thursday 15th of September and during the first week of term 4.

THE WINNER WILL BE DRAWN AT THE FETE

Grade 3/4 Camp – Thank you!

A huge thank you to everyone involved in the Grade 3/4 camp last week.

From all accounts it was a great success and a wonderful experience for the kids. The way people pitched in and supported each other, including our pre service teachers, was very heartening.

We never have any problems in getting staff from OPPS to volunteer to participate on camps and I’m sure parents really appreciate the time, effort and commitment that goes into it. Staff members give up their time with their families as well as destroying their sleeping patterns for a few days! I know too the vigilance that our staff demonstrate on camps and their duty of care is very real.

Thank you!

Congratulations Jo!

Our very best wishes to Josephine Toman and her husband Lucas on the wonderful news that their first baby is on the way!

Visit to Parliament

Victorian Primary Schools Parliamentary Convention

Thursday the 8th of September was an awesome day. I’ll explain why, but this is only the first part of the day. Emily and I got the honor of a trip to the Victorian Parliament House for the Victorian Primary Schools Parliamentary Convention. We caught a train into Parliament Station and got a photo of us on the stairs outside the front. We had to go through a quick security check. Then we nervously walked into the Legislative Assembly Chamber and sat at a seat like a real member of parliament.

We listened while James Merlino the Minister of Education and Deputy Premier Of Victoria introduced the topic "All social media should be banned for children under the age of 12." A few of the schools made opening statements then we went to have morning tea in the Queens Hall and it was very delicious. We had lamingtons and scones with jam and cream with a glass of orange juice.

After that we got put in our discussion groups. My group discussed our topic that the age limit should be lowered to 10 for access to social media without parental consent.

It was really interesting and fun. I was really honored to go and suggest taking a visit there.

Chloe 5K
Chloe speaking in front of Parliament

Parliament Debate
My favourite part of the day was the group work. The school children had been separated into 10 different groups while the teachers went to a meeting. My group (group 7) discussed addiction to technology. We debated whether we should reduce and limit the amount of screen time to 2 hours. My group were all strongly for it, a speaker was chosen to present the ideas that had been brought up that day. I was astonished to find that I was chosen to talk in front of all those important politicians!

Finally it was time to head back into the chamber. We shared our group’s beliefs, said our last say and voted. Sadly the two sides of “should social media be banned for children under the age of 12” were too close and the new legislation couldn’t be passed. What I do know for sure is that I had a marvellous time and I would like to thank Breanna for taking us!

Emily 5K
The Oak Leaf

Fete Wristbands

Earlybird Fete Wristbands are available after school this week, as well as after school the first week back from holidays.
$20 restricted $30 unrestricted

OSHC Regulations

All parents/guardians of children registered in the OSHC Program are required to fill in a new Enrolment form as compulsory changes have been made under the National Law and Regulations.
The Medical Conditions as well as the Asthma forms must also be completed if applicable. The forms must be completed in their entirety and returned to the OSHC program by the end of this Term.
If not returned, children will be considered unregistered and therefore unable to attend the program.
OSHC Enrolment form is attached to the back of the newsletter

Multi-Cultural Day

On Multicultural day we learnt about 5 different countries. The countries were China, Greece, Italy, France and Turkey. In China we made Chinese dragons, picked up jelly beans with chopsticks, ate Chinese food and used paper to make the word Spring in Chinese. The Chinese room was filled with Chinese lanterns. The room was very red.

Next we went to Greece. We tried some Greek food and saw the national costume. There were some really pretty vases. The vases had pictures on them. We tried a little bit of bread the Greek people give at Easter.

After that, we went to Italy. There were posters with numbers on them. We also learnt an Italian dance. We learnt Italian words. Then we went to France, we coloured in the flag.
Lastly we went to Turkey. We got to design our own mat. We also tasted Turkish lollies.

Bridget Miller Grade 2c

In 1/2T we had a room that was made up of all things Turkish. We had Turkish flags, delicious Turkish delights, a gorgeous tea maker, belly dancing skirts, traditional Turkish costumes and some awesome Turkish music being played by one of our students grandparents. Thank you Nedi and Fadime- it was amazing!!!

Overall I really enjoyed the day, learning new things about different cultures.

Cassidy Reither 1/2T
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1/2T’s Turkish Multicultural Day Photos
Paint Donations?
Grade 2c are looking for some donations of paint that can be used on the asphalt/concrete so that ‘safety signs’ can be placed around the school. Any donations will be gratefully accepted.

Thank you
Jane Cardamone

Community News

Glenroy College Enrolment Night is on the 13th of October 2016. We will be mailing out the enrolment packs to families on Monday the 3rd of October.

As part of the enrolment process we require student attendance for testing on Thursday the 20th of October from 9:00 to 10:30am at the PAC foyer.

Paddy’s Market: Saturday 24th September
Kent Rd Uniting Church, cnr Kent & Cornwall Roads, PASCOE VALE. 9am to 1pm

Toys Crafts BBQ Hot Food Lucky Dip Face Painting Devonshire Teas Jumping Castle Books Plants Face painting Cake Stall Trash ‘n’ treasure Lolly Jar Guess Paper Plane Competition
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PRINCIPAL FOR THE DAY

How would you like to sit in Bryan’s seat for the day?

As part of our fete celebrations we are selling raffle tickets for your chance to be ‘Principal for the Day’ and be the boss of Oak Park! You can run the assembly, tell teachers what to do and sit all day (if you want to) in Bryan’s chair!

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WINNER WILL BE DRAWN AT THE FETE
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FETE SPONSORS 2016
Saturday 8th October 10am-4pm

All of the businesses below have sponsored our fete; please support their businesses in return by using their services.

PLATINUM SPONSORS:
McDonalds Oak Park: 598 Pascoe Vale Road Oak Park, Ph: 9304 125, www.mcdonalds.com.au
Lifestyle Portraits: Studio 3 661 Victoria St Abbotsford, Ph: 9428 5877, images@lifestyleportraits.com.au
Barry Plant Real Estate: 1/828 Pascoe Vale Road Glenroy, Ph: 9300 2344, glenroysales@barryplant.com.au
Lizzie Blandthorn: 416A Bell Street Pascoe Vale, Ph: 9354 9935, Lizzie.blandthorn@parliament.vic.gov.au

GOLD SPONSORS
Church Resources, Ph: 02 9478 1414, www.cr.org.au
Essendon Keilor College, Ph: (03) 8331 0100, www.ekc.vic.edu.au
Team Holiday, Ph: (03) 9532 0366, www.teamholiday.com.au
Cleanaway, Ph: (03) 13 13 39, www.cleanaway.com.au

SILVER SPONSORS
Sydenham Dental Group, Ph: 9390 5199, www.sydenhamdentalgroup.com.au
George Weston Foods Limited (Don Smallgoods Division), Ph: 1800 147 613, www.gwf.com.au
Beauty on Rose, Ph: (03) 9331 3800, www.beautyonrose.com.au
Bounce Essendon Fields, Ph: 1300 000 540, www.bounceinc.com.au

Elite Body Therapy, Ph: 0411 252 088, search@elitebodytherapy on facebook

BRONZE SPONSORS
Costco Wholesale Docklands, Inflatable World Tullamarine, Bob Jane T-Mart, Clip N Climb, AGS Prints, Essendon Keilor Gymnastics, Essendon Fields, Masters Roxburgh Park, Brumby’s Strathmore

All enquiries regarding sponsorship can direct to Casilda on 0458 340 130
The Oak Leaf

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Roll up, roll up, and welcome to the seventh edition of the OPPS Fete Newsletter.

Why pay a mountain of money for entry to the Royal Melbourne Show, when you can come along to the OPPS Spring Fete for free!!!!!!!!!!!!!!

What can YOU do this week -

- Come along this Thursday afternoon from 2:30-3:30 to the staff room for a “little jobs for the fete” working bee
- All raffle tickets (sold or unsold) and money by the first day back at school next term, Monday 3rd October
- Donations of “anything in a bottle” (be it oils, chutneys, alcohol…) can be dropped to the office. These will be sold (in disguise) on fete day for $5. Alcohol must be handed in at the office. We will gratefully take your donations!
- If you haven’t already, please put your name down to volunteer at the office/before/after care
- If you will be purchasing a wristband (or two, or three…) for the incredible rides we have this year at the fete, why not purchase it before prices increase? By pre-purchasing your wristbands now, you will save $5 per wristband
- Bring in $1 to purchase a raffle ticket to be Brian for a day! Children need only apply!

BUBBLE SOCCER IS COMING: Our friends from Team Holiday are bringing bubble soccer to the fete!!!

DEVONSHIRE TEA AND PANCAKES: There will be a lovely area set up for a sit down & you can purchase a Devonshire tea or even pancakes! Hmmmm, pancakes…..

RIDES: Ride wristbands are now on sale on the tiger turf after school.

Prices: $20 earlybird restricted rides wristband ($25 on fete day) $30 earlybird unrestricted rides wristband ($35 on fete day)

1. Giant Slide – (RESTRICTED wrist band) Age 3+, small children may require parental assistance on stairs per Operator discretion
2. Bad Boys Music Trip – (UNRESTRICTED wrist band) must be at least 130cm in height
3. Tea Cup Ride – (RESTRICTED wrist band) no age limit, height limit per Operator discretion, may request parent/guardian to accompany child
4. Interactive Jumping Castle – (RESTRICTED wrist band) Age 3+, no height limit, small children may require parent/guardian to accompany child
5. Hurricane – (UNRESTRICTED wrist band) Height restrictions apply, with parent 110cm height or without parent 130cm height
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**DISCO:** For all those who feel like dancing (think glow sticks & darkened room) there will be a chance to dance the afternoon away. Gold coin donation only.

**HOME BAKE STALL:** Plates will be sent home soon or you can collect a plate from school reception. Please share the joy in cooking something from the heart – something that you or your family/friends love! If you struggle to boil an egg without burning your fingertips, why not enlist the help of your favourite Aunt, Uncle, Pop, Nan, friend, who would love nothing better than to whiz up a tray of sausage rolls or caramel eclairs……..

**RAFFLE TICKETS:** All money and tickets need to be returned by **Monday 3rd October.** If you would like additional ticket books please contact Melanie or Caroline.

**VOLUNTEERS:** You can sign up to volunteer at the Office/with Lisa/at aftercare/by returning a volunteer form.

**COLOURING COMPETITION:** Entries have been judged and winners will be announced at this week’s end of term assembly. Thank you to all of the children who have submitted an entry – the calibre of entries was exceptional this year!

Finally, here are the names of the Co-ordinators in case you need to contact anybody:

- Raffle Co-ordinators – Melanie Ainsworth / Caroline Jory Email: mainsworth78@bigpond.com or carolinejory@hotmail.com
- Volunteer Co-ordinator – Lisa Kalimeris Email: lisakalimeris@ymail.com or text 0431 857 071
- Rides Co-ordinator: Sharon Mulder / Melanie Ainsworth / Caroline Jory Email: mainsworth78@bigpond.com or carolinejory@hotmail.com
- Home bake stall Co-ordinator – Kelly (0414 532 045) or Leanne (0425 884 043)
- Colouring Competition Co-ordinator – Carolyn Drenen / Kelly Richardson
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**WOW AWARDS**

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**SCHOOL CONTACTS**

- **Principal**: Bryan Nolan  
  nolan.william.b@edumail.vic.gov.au
- **Business Manager**: Annette D’Elia  
  delia.annette.a@edumail.vic.gov.au
- **Office Manager**: Fran MacDonough  
  macdonough.frances.a@edumail.vic.gov.au
- **PFA President**: Bron Barwick  
  nursebron@yahoo.com
- **School Council President**: Rory Sercombe  
  rorysercombe@hotmail.com
- **OSHC Coordinator**: Julie Andrews  
  aftercare@oakparkps.vic.edu.au
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OPPS FETE - HOME BAKE STALL

SATURDAY OCTOBER 8th 2016, 10am – 4pm

Calling all Masterchef’s or Cooks in Aprons

Parents and supporters (i.e. grandma’s) we would love your contributions towards the home bake stall. Please bake your favourite things. They can be sweet or savoury, large or small. Plates will be sent home soon or you can collect a cake plate from the school reception, fill in the ingredients label and hand in all non-perishable items in on Friday October 7th, or to the stall before 9.30am on Fete day. All cakes will be sold.

All Home bake items **MUST be labelled** with Name and Ingredients as follows:

**Strawberry Jam**

**INGREDIENTS:** SUGAR, STRAWBERRIES, VEGETABLE GUM (PECTIN), FOOD ACID

Extra plates can be collected from the school reception. To ensure that we follow all laws concerning the home bake, please complete the form below when handing in your home bake goods. All personal details provided will be kept by the Committee and not handed to the general public.

Could you please let Kelly 0414 532 045 or Leanne on 0425 884 043 know if you can answer this appeal for bakers.